#### Home and School News, March 2024



#### School Calendar 2024-2025

To help families and school staff plan for the year ahead, the province has released the 2024-2025 school year calendar, which includes 182 instructional days. Find the school calendar online at https://www.princeedwardisland.ca/en/information/education-and-early-years/2024-2025-schoolcalendar



Mark your calendar --- 71st AGM & Conference

The **P.E.I. Home and School Federation** is pleased to announce that its A.G.M. &

Conference 2024 will take place on **Saturday**, **April 13**, at the Rodd Charlottetown Hotel, Charlottetown.

## **REGISTER** online at <a href="https://peihsf.ca/agm/">https://peihsf.ca/agm/</a>

By the early registration deadline, March 21.

Ensure your school is represented.

Speakers will include Hon. Natalie Jameson, Minister of Education and Early Years, Hon. Antionette Perry, Lieutenant Governor of P.E.I., and round table experts, who will present on Suicide Prevention, Dept. Education's Inclusion Report, COMPASS 2023-24 Youth Survey

results, What is the role of an E.A.? What is Fundations? and Youth & Sports Nutrition.



#### 2024 Resolutions

Proposed 2024 resolutions have been circulated to Presidents with directions to discuss these at a Home and School meeting. Use each resolution as a springboard for discussing the topic; then

hold a vote, resolution by resolution, to determine how your school's delegates will vote at the Annual Meeting. Your voting delegates can vote "in favour," "opposed," or they can present amendments. 2024 resolutions are online at https://peihsf.ca/resolutions/ For further information, call 902-620-3186.



#### **Volunteer Awards**

Do you know an amazing Home and School volunteer in your school? You can nominate this person for the Federation's Volunteer of the Year Award. This award recognizes one person annually for their efforts in their local school. Submit nominations to the Federation office by March 8. Find details: https://peihsf.ca/awards/

## **Board of Directors Nominations**

You can allow your name to stand for a provincial Home and School Federation two-year term? Vacant positions include President, Vice President, and Directors for the Charlottetown Rural, Colonel Gray, Kinkora, Montague, and Morell Families of Schools. The Federation is the umbrella organization of Home and Schools across Prince Edward Island and is overseen by a volunteer board elected by delegates at the A.G.M. Members are encouraged to nominate suitable candidates who, in your opinion, have the necessary qualifications to do the work of the provincial Federation. Find the 2024 Nomination Form at: <a href="https://peihsf.ca/agm/">https://peihsf.ca/agm/</a>

# Parental Involvement

In children's education, parental involvement is a broad term that can take many forms inside and outside school. So, what role do parents play in education? Depending on schedules, parents can help **their children by participating in school functions or obligations, advocating for the school and improving their children's schoolwork. Examples of getting involved at home include** helping with homework, modelling desired behavior, providing ongoing encouragement, monitoring homework completion, and creating a time and space for study.

### Parents can be more involved in their child's school by:

- · Communicating with teachers regularly
- · Volunteering for school activities
- · Attending parent-teacher interviews

Helping with the governance of a Home and School

Great Big Crunch! Get your apples or other crunchy fruit or vegetable ready to crunch LOUD! On March 7, thousands will gather in person at their school, at work, and online with students, friends, and colleagues to highlight the importance of eating healthy food at school. You are invited to host a crunch in your school or workplace OR join the Virtual Great Big Crunch at 1:00 pm E.S.T. Register for the event <a href="here">here</a>. Crunch to celebrate healthy school food. Find more info at: <a href="https://www.healthyschoolfood.ca/great-big-crunch">https://www.healthyschoolfood.ca/great-big-crunch</a>

Youth Vaping Workshop Opportunity on March 13 from 6:00 to 7:30 pm at the Charlottetown Library. This session is open to parents/staff who work with youth. Participants will gain knowledge from local findings, share their own experiences, discuss opportunities to reduce youth vaping, and learn about mental health and addiction connections. Sign up at: <a href="https://www.eventbrite.ca/e/youth-vaping-cessation-workshop-charlottetown-evening-tickets-816837863037">https://www.eventbrite.ca/e/youth-vaping-cessation-workshop-charlottetown-evening-tickets-816837863037</a>.