

PARKDALE ELEMENTARY SCHOOL NEWSLETTER

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Kristen Moore, Principal
Faber MacDonald, Vice Principal
Date: December 1st



Dates to Remember:

Dec 11 Parkdale Clothing Order Deadline
Dec 12 Christmas Concert K-3 6 pm
Dec 13 Christmas Concert 4-6 6 pm
Dec 18 Green/Gold Day
Dec 19 Red and Green Day
Dec 20 Crazy Hat/Hair Day
Dec 21 Pajama Day
Dec 22 Holiday Attire Day
Dec 22 Last Instructional Day for 2023
Jan 8 First Instructional Day for 2024

General Information

Absences If students are going to be absent, please notify the main office by phone at (902) 368-6945 or email Jackie at jmlund@edu.pe.ca as well as your child's teacher.

Improving Student Attendance With these darker days it can have an impact on our mornings. We are noticing that some of our students are starting to show patterns of arriving late at school. What does 30 minutes late really mean?

- Missing the time to have breakfast
- Not having time to settle in and instead must walk into a class that is already in full swing (have you ever had to walk into a full room arriving late?)
- Missing out on resource support; If your child is struggling, they may be missing the extra help
- Not getting time to review the day's routine and practice their morning literacy skills
- Almost all classrooms start right away with key learning outcomes. In 15 minutes they may have missed the whole reading lesson!

What can you do to help?

The #1 tip, early bedtime! Make sure your child has a good bedtime routine, turning off screens an hour before bedtime and have time for wind down.

Focus on a highlight, a friend they will see or a fun activity in gym or music.

Be consistent, while it may be easier to "just let them sleep in" over time these patterns become hard to break and more challenging to correct.

Let us know at the school. Teachers and support staff are here to handle these bumps in the road & have lots of tricks to get students back on track!

Student Sign Out: If you are picking your child up early from school after you have been greeted by a staff member we ask you to please come up to the top of the stairs and sign your child out.

Communication

Please bookmark our website.

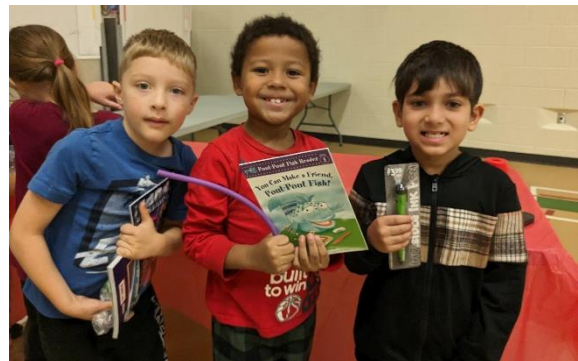
<https://parkdale.edu.pe.ca> and check your emails regularly. We will plan on sending weekly updates and a newsletter at the start of each month. You can also sign up for your child's **Class DOJO**. A private group for sharing exciting learning updates.

Food Program

Hotlunch orders and payments must be in by 9 am on Mondays (if Monday is a holiday they are due on Tuesday) Please Note: If there is NO school on Fridays we will have pizza day on Wednesdays. Families can register at www.peischoolfood.ca for the PEI School Food Program. If you have questions you can email info@peischoolfood.org.

Scholastic Book Fair

Thank you to all who supported our book sale!! Parkdale School earned \$691 in rewards which we can use towards purchasing books for the classrooms and library.



Parkdale Clothing

Parents can order school clothing from the following website until Dec 11th.

https://stores.inksoft.com/parkdale_elementary_school/shop/home Don't miss your chance to get your Eagles Gear!

Home & School

Thank you to the parents/guardians who attended our last H&S meeting, there were some great ideas for fun-filled events that were brought up, so keep a lookout for those!

Our next Home and School meeting will be on January 30th at 6:30 pm, everyone is welcome to attend! This meeting will include a presentation on Social Emotional Learning (SEL) and we will also be planning for Staff Appreciation Week happening in February. We would like to wish everyone a safe and Happy Holiday!

Christmas Families

Christmas Families donations can be made online through HotLunches or you can send them in to school with your child. These donations will help to support some of our families in need during the holiday season. If you feel that your family is in need of support this year, please email Ms. Jo as soon as possible at jxcullen@edu.pe.ca to request that your family be added to the list of those needing assistance.

Welcome to our new staff Ms. Jenny Cooper and Ms. Massiel Flemming, EA's as well as Mr. Shaun Dorsey, classroom support. They will be with us until Christmas break.

Kindergarten Registration for 2024-25

If you know of someone who hasn't registered their child yet for Kindergarten please ask them to contact the school to register. Children must be 5 years old by December 31, 2023.

Parent Teacher Interviews

Thank you to our parents/guardians for connecting during interviews. Please remember to sign and return the brown report card envelopes with your child so they can be used for the next report card.

Winter Clothing Please ensure your child comes to school with a hat, mitts, winter coat, boots and snowpants. The students need to be dressed appropriately every day for outside recess.



Volunteer Opportunities: Indigo Grant Updates

Our first order of Indigo books has been placed for the library based on student requests. The next step will be cataloging, stamping and taping all the new books that come in. If you or someone you know is interested in helping out with this process please reach out to the school or the principal at kcmoore@edu.pe.ca.

Christmas Concerts

Our school Christmas concert for K-Grade 3 will be held on Tues, Dec 12th and for Grade 4-6 on Wed, Dec 13th. Both concerts will start at 6:00 pm and we ask the students to meet in their classroom at 5:30 pm. Please enter via the gym doors only. The gym doors will not open until 5:30 pm. Admission is by donation and Home and School will be selling 50/50. **We will sell tickets for the "Best Seats in the House" at the Christmas Concerts.** More information will be sent home next week.

Festive Spirit Days – Dec 18th – 22nd

Monday – Green & Gold Day
Tuesday – Red & Green Day
Wednesday – Crazy Hair/Hat Day
Thursday – Pajama Day
Friday – Christmas Holiday Attire Day

Papa John's Fundraiser/Discount Code

Papa John's have offered us a school fundraiser/discount. If any staff, friends or families order from them and use the code EAGLE, It will give a 25% discount on menu-priced items ordered online on their website or mobile app. They will keep track of the code's usage throughout the school year, and on May 31st, they will let us know the donation amount it collected and mail us a cheque worth 10% of the code's net sales! Please support this great school fundraiser!!

Social Emotional Learning

Nurturing babies and very young children comes naturally, as they rely on the adults in their lives to fulfill every need – from feeding and changing to soothing them when they cry. As children grow in their independence it is common for caregivers to reduce the amount of nurturing provided.

Nurturing is a key component of the caregiver/child relationship and while it evolves as they grow, **they still need it as much as they did when they were younger.** The best way to nurture our children is through peaceful and playful interaction. **Look for opportunities to tell them how much you love their beautiful smile, how their laugh fills you with joy, and tell them stories about when they were babies.**

Storytelling about your past together helps in a number of ways. It reminds you of the baby that they were and helps to build a bridge between the past to the present. This helps to remind adults that their children are still small and learning how to be in this world. It is easy to lose patience with children as they test limits.

Responding with anger only serves to hurt your relationship and lower their self-esteem, as well as teach them that it is appropriate to yell and respond with anger when someone disappoints them. A nurturing response comes from a parent or caregiver who remains loving and **sets the**

limit in a calm tone, inviting them to try again and learn from their mistakes. A gentle touch on the shoulder, the offer of a hug, and a gentle response will take you much further.

For more ideas about nurturing activities you can do with your child, you can visit the following website:

<https://helponechild.org/30-games-to-better-nurture-attachment-with-your-child>

COMMUNITY NEWS

Nordic Sports PEI offers two excellent programs at the Nordic Centre in the Mark Arendz Provincial Ski Park, Brookvale. They are Learn to Ski Program and Biathlon Bears Program. For more information on these programs or to register contact Brad Haltli at bahaltli@gmail.com.

Parkdale staff would like to wish all our families a Happy and Healthy Holiday Season! We look forward to working with all our students and families in 2024!