



PARKDALE ELEMENTARY SCHOOL

NEWSLETTER

Telephone: 902-368-6945

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Kristen Moore, Principal
Faber MacDonald, Vice Principal
Date: November 1st



Dates to Remember:

Nov 1	PJ Day
Nov 6	Picture Retake Day
Nov 8	Parent sign up for P/T Interviews
Nov 8	Jersey Day, Book Fair 2:30-5:30
Nov 8-10	Scholastic Book Fair
Nov 10	Remembrance Day Assembly
Nov 13	Remembrance Day (no classes)
Nov 16,17	PEITF Convention (no classes)
Nov 20-24	Kindergarten registration week
Nov 23	Report Cards go home
Nov 24	Parent Teacher Interviews (no classes)
Nov 28	Home & School Meeting 6:30 pm
Dec 12	Christmas Concert K-3
Dec 13	Christmas Concert 4-6
Dec 22	Last Instructional Day for 2023
Jan 8	First Instructional Day for 2024

General Information

We are peanut friendly at this time! Please understand that this can change on a day's notice if we get a student who is anaphylactic.

Absences If students are going to be absent, please notify the main office by phone at (902) 368-6945 or email Jackie at jmlund@edu.pe.ca as well as your child's teacher.

Improving Student Attendance We are off to a great start with student attendance. They had a little reward and lots of praise! Remember, even missing 1 day a month means dropping to 95% attendance. What can you do to help?

- Build regular routines for bedtime and the morning,
- Set out clothes pack backpacks, and lunches the night before to give extra time in the morning.
- If there is a reason that they aren't looking forward to school regularly, please reach out and let us know so we can address it,
- Schedule medical appointments after dismissal if possible

Food Program Hotlunch orders and payments must be in by 9 am on Mondays (if Monday is a holiday they are due on Tuesday) Please Note: If there is NO school on Fridays we will have pizza day on Wednesdays. Families can register at www.peischoolfood.ca for the PEI School Food Program. If you have questions you can email info@peischoolfood.org.

Please send a fork and spoon with your child each day. Cutlery is not provided with lunches.

Breakfast Program is running on Mondays, Tuesdays and Thursdays each week.

Scholastic Book Fair will be held from Wednesday, November 8th to Friday, November 10th. We will have classes view the books on November 7th then students can bring money on November 8-10th during the morning scheduled times. Friday, November 10th will be the last chance to purchase books. The Book Fair will also be open for parents after school on Wednesday, November 8th from 2:30-5:30.

Parent Teacher Interviews will be held the week of November 20th-24th after school and during the day on November 24th (no classes). Parents will sign up online for appointments. EAL students needing a translator will not need to sign up. The instructions for signing up for an appointment will be sent home by email.

Home & School

The bingo night event had a successful turnout! Congratulations to all the winners! A huge thank you goes to all the volunteers who helped with the planning, execution and the clean up. A special thank you goes to Dalmac Printing for generously donating the bingo cards for the event. Our next Home and School meeting will be on November 28th at 6:30 PM, everyone is welcome to attend!

Christmas Families

Christmas Families Donations can be made online through HotLunches or you can send them in to school with your child. These donations will help to support some of our families in need during the holiday season. If you feel that your family is in need of support this year, please email Ms. Jo as soon as possible at jxcullen@edu.pe.ca to request that your family be added to the list of those needing assistance. In the email, please include the first names, ages, clothing sizes, and genders of your children, as well as some of their interests or things they might like to receive.

Student Sign Out: If you are picking your child up early from school after you have been greeted by a staff member we ask you to please come up to the top of the stairs and sign your child out.

Papa John's Fundraiser/Discount Code

Papa John's have offered us a school fundraiser/discount. If any staff, friends or families order from them and use the code EAGLE, It will give a 25% discount on menu-priced items ordered online on their website or mobile app. They will keep track of the code's usage throughout the school year, and on May 31st, they will let us know the donation amount it collected and mail us a cheque worth 10% of the code's net sales! Please support this great school fundraiser!!

School entry: The back door will remain locked during the day. All visitors must enter through the main door. We ask you to please ring the doorbell on the right hand side and wait until a staff member greets you. Visitors are asked to sign in at the table at the top of the stairs. Parents, we ask that you do not walk through the hallways when dropping off or picking up your child. Our staff and students look for ID tags to keep everyone safe. We appreciate your cooperation on this.

Safety Issues: Confederation Street - Concern has been expressed in the past over student safety. We ask for your cooperation in dropping off and picking up students on the school side of Confederation Street only. Please do not drive into the staff parking lot to drop off students. Parents dropping their children off in the morning, please remember that supervision begins at 8:15 am and the bell rings at 8:25 am for school to start. Students can be dropped in the back pavement area and our greeters will welcome them. Parents are asked to say goodbyes at the doors.

Dismissal: Parents picking their children up at the end of the day can meet them outside the front door. Students are dismissed at 2:30 pm. Students **SHOULD NOT** be by themselves crossing the road to get into parent vehicles.

Change in After School Routine

If there is a change in their regular after school routine, we require an email to the teacher and Jackie in the office or a phone call prior to noon. If we do not receive notification from you, your child will follow their regular routine.

Communication

Please bookmark our website. <https://parkdale.edu.pe.ca> and check your emails regularly. We will plan on sending weekly updates and a newsletter at the start of each month. You can also sign up for your child's **Class DOJO**. A private group for sharing exciting learning updates.

Social Emotional Learning

Facing Fears Helping your children face their fears is a delicate balancing act that is essential for parents to practice, as it leads to children experiencing greater success and developing resiliency. While it is not helpful to push them too far too fast, it is harmful to remove all discomfort by allowing them to avoid doing anything that makes them nervous. Taking away their ability to practice tackling challenges results in a loss of resiliency and will make them even more unlikely to take a chance next time a stressful task arises. If you give them an out, it sends the message that the thing they are avoiding is not safe and that you also believe they are unable to be successful. The better route is to express your confidence in their ability to do hard things, while being empathetic about their struggle. Providing empathy is practiced by agreeing with your child that it is difficult. Avoid saying that it is easy or nothing to be afraid of, as this will make your child feel that you do not understand them. Reiterate that you believe that they can, in fact, do it. Your confidence in your child's abilities will help to build them up and give them the boost they need to believe in themselves.